



## Registration Form

Please complete entire form and return to GOTR of Spartanburg.

**Girls on the Run mission:** We inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.

**Girl's Name:** \_\_\_\_\_ **Birthdate:** \_\_\_\_\_ **Age by start date:** \_\_\_\_ **Race:** \_\_\_\_\_

**T-shirt size:** YM YL AS AM AL **Grade:** \_\_\_\_\_ **School:** \_\_\_\_\_ **Season (circle):** Fall Spring **Year:** \_\_\_\_\_

**Parent/Guardian's Name:** \_\_\_\_\_ **Relation:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City, State, Zip:** \_\_\_\_\_

**Preferred Phone:** \_\_\_\_\_ **Secondary Phone:** \_\_\_\_\_ **Work Phone (if different):** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Employer:** \_\_\_\_\_

**Secondary Contact: Name:** \_\_\_\_\_ **Relation:** \_\_\_\_\_

**Preferred Phone:** \_\_\_\_\_ **Secondary Phone:** \_\_\_\_\_ **Work Phone (if different):** \_\_\_\_\_

**Employer:** \_\_\_\_\_

- How do you think your daughter will benefit from GOTR?  
\_\_\_\_\_
- Has your daughter ever participated in GOTR in the past? When? How was the experience?  
\_\_\_\_\_
- List any specific health, behavioral or emotional issues we should know about: (In-depth health forms will be completed later)

### Parent/Guardian Consent

My daughter has permission to participate in Girls on the Run. The purpose of the program is to increase my daughter's activity/fitness level and teach life skills that will benefit her as she enters middle school/adolescence. I understand that during this program my daughter will be involved in outdoor physical activities. Physical reactions to exercise may include heat related illnesses, abnormal heartbeats and blood pressure and, in rare instances and events such as heart attacks. Serious health risks are rare. While GOTR takes all reasonable precautions, we can make no guarantees regarding these risks. I agree not to hold Girls on the Run International, Girls on the Run of Spartanburg or Partners for Active Living liable for any injury or damages due to participation in the Girls on the Run program. I have read this form and understand there are inherent risks associated with physical activity. To the best of my knowledge there are no contraindications to my daughter's participation in the Girls on the Run program. By my signature below, I give permission for my daughter to participate in this program. *My signature also grants permission to GOTR of Spartanburg and Partners for Active Living to distribute pictures of my daughter taken during practice and 5k events to newspapers, newsletters and yearbooks.*

**Parent /Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*\*(For Coach and GOTR use only)\**

**Date Received:** \_\_\_\_\_

[www.gotrspartanburg.org](http://www.gotrspartanburg.org)



**Please fill in your top two sites; if applicable (your top choice may fill up):**

*\*There is a minimum of 8 and maximum of 15 girls per site. Preference is given to earlier applicants, however GOTR Spartanburg and each site will work together to determine participants.*

1. \_\_\_\_\_

2. \_\_\_\_\_

**Program fees and scholarships:**

**Program cost this season is \$135. You have three options (please check your choice):**

\_\_\_ **Payment in full**- Your \$135 payment is due with this application

\_\_\_ **Full cost in 2 payments**- \$50 is due along with this application and \$85 is due by the 6<sup>th</sup> practice.

\_\_\_ **Scholarships**- If you would like a scholarship please complete the **entire scholarship application** and send it in along with this form. **We will review your application and determine your new program cost, which will be due by the second practice.**

After completing the registration form and scholarship application (if desired), you will receive a confirmation letter with additional information on your scholarship status, practices and program details. If you are not accepted into the program due to limited space, your money will be refunded.

No refunds will be issued for any withdrawals after the 4th lesson. If a site is canceled due to insufficient registration or other circumstances deemed appropriate by Girls on the Run of Spartanburg, the full registration fee will be refunded.

**You may turn your application into your GOTR or GOT site liaison or mail it to:**

**Girls on the Run of Spartanburg**

**P.O. Box 6728**

**Spartanburg, SC 29304**

***Checks can be made payable to GOTR of Spartanburg***

**Contact Information:**

Melissa Parrish Pittman  
GOTR Coordinator, PAL  
864-598-9638  
mpittman@active-living.org

Anne Hudak  
Active Lifestyles Coordinator, PAL  
864-598-9638  
ahudak@active-living.org

Girls on the Run of Spartanburg is an initiative of:

