



## Volunteer Application

Girls on the Run Spartanburg

**Girls on the Run  
mission: To educate  
and prepare girls for a  
lifetime of self respect  
and healthy living!**

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_ ZIP: \_\_\_\_\_ BIRTH DATE: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ PHONE: \_\_\_\_\_

PREFERRED METHOD OF CONTACT: \_\_e-mail \_\_home phone \_\_cell phone \_\_ other: \_\_\_\_\_

### Please answer the following questions:

1. I am interested in serving as a Girls on the Run (circle all that apply):
  - a. Head Coach (open to women only)
  - b. Assistant Coach
  - c. Running Buddy for 5k
  - d. Volunteer for 5k
  - e. GOTR of Spartanburg Advisory Committee
  - f. Website Development
  - g. Administrative Support
  - h. Event Planning/Public Relations
  - i. Fundraising and/or Grant Writing
  - j. Other - Please Explain: \_\_\_\_\_
  
2. If you are interested in coaching:
  - a. What area or city would you prefer to serve? (ex: Spartanburg, Inman, Pacolet) \_\_\_\_\_
  - b. What grades would you prefer to serve? (3-5 or 6-8) \_\_\_\_\_

### Additional Information:

1. How did you hear about GOTR of Spartanburg?
  - a. Poster/sign
  - b. Friend: \_\_\_\_\_
  - c. Website
  - d. Volunteer/Health Fair
  - e. Other: \_\_\_\_\_
  
2. What is your experience working with children, specifically in 3<sup>rd</sup>-8<sup>th</sup> grades?
  
  
3. Please list your current and/or past volunteer experience and the length of time you volunteered:

4. Please share special skills/qualifications you possess that would be of value to Girls on the Run:
  
5. If you wish to coach, how do you envision your coaching style?
  
6. Please share two individuals who can serve as references for you and your character.
  - a. Name:\_\_\_\_\_ Relationship to you:\_\_\_\_\_
   
Contact Information:\_\_\_\_\_
  
  - b. Name:\_\_\_\_\_ Relationship to you:\_\_\_\_\_
   
Contact Information:\_\_\_\_\_

Please briefly list your education background:

GOTR volunteers are positive role models for our participants. Therefore, all must be drug and tobacco-free and must not consume excessive amounts of alcohol. In addition, if a GOTR coach has been treated for any addiction (including, but not limited to eating disorders, alcohol or drug use) that coach must have successfully completed treatment at least one year prior to the date signed below. GOTR of Spartanburg and Partners for Active Living and all officers and employees reserve the right to dismiss volunteers for violation of this policy. GOTRI requires consent of a background check prior to any involvement with our program. By signing below, you solemnly swear that you are abiding by all of the above policies and the terms set forth in the head or assistant coach job description.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Thank you** for your interest in volunteering with Girls on the Run (GOTR) of Spartanburg!

**Contact Information:**

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 Active Lifestyles Coordinator, PAL  
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