HEALTHY SCHOOL PROJECT
SCHOOLS ON SUCCESSES

2014-15 Healthy School Project Schools
Nothing to Disclose
The purpose: To pilot healthier school environments that promote physical activity and healthy eating among students, staff, and families in schools in Spartanburg County.
Spartanburg Healthy Schools Project

Steps in the year-long project:

- Create a wellness council
- Conduct assessment
- Develop action plan
- Receive up to $500 to create healthy change in the school environment
- Recognize and Celebrate efforts!
The mission of New Prospect Elementary is to educate and empower our students so that they are prepared to reach their fullest potential.

School Theme: Catch the W.A.V.E. (Wildcats Achieving Valuable Education)
New Prospect Elementary

- Spartanburg County District One
- Rural school, Headstart PK-6th grade
- 431 Students; 48 Staff
- Nominator: Dr. Trish Beason
- Principal: Jodi Wright
- Superintendent: Dr. Ron Garner
New Prospect Elementary

- 2013 Poverty Index: 67.2
- Challenges: Lack of nearby resources; connectivity to sites for physical activity and healthy eating
- Opportunities: School as community center, strong partnerships, engaged families
Wellness Committee

- Jodi Wright - Principal
- Gayle Elrod - Guidance
- Rodney Bishop - Physical Education Teacher
- Sharon Downey - School Nurse
- Doris Blackwell - Cafeteria Manager
- Erika Shaver - District One VISTA
- Courtney Vaughn - SIC member
- Heather Moss - Parent
- April Seymour - Instructional Coach
Alliance Goals

- Health education taught in all grades
- Availability of before- and after-school physical activity opportunities
- Programs for staff members on healthy eating/weight management
Accomplishments

- District One VISTA partnership
- International Walk to/at School Day
- Turkey Trot
- Ballet Spartanburg partnership
- After school tennis club, running club
- Before school walking club
- Jammin’ Minutes daily during Morning News
- CATCH curriculum
Post Pilot

- Monthly wellness committee meetings
- Wellness committee mission: At New Prospect Elementary, our health initiative is to empower kids to develop lifelong, healthy habits.
- Continued partnerships and programs
- Future opportunity for Bronze Recognition from the Alliance for a Healthier Generation
- Implement a program where students, staff, and community to walk before school
Oakland Elementary

In partnership with families and the community, **Oakland Elementary School** exists to prepare students for tomorrow’s world through various academic and social experiences within a safe, supportive environment.
Oakland Elementary

- Spartanburg County District Two
- Suburban school, 4K-4th grade
- 620 Students; 65 Staff
- Nominator: Carolina Cabe, Physical Education
- Principal: Josh Patterson
- Superintendent: Dr. Scott Mercer
Oakland Elementary

- 2013 Poverty Index: 55.99
- Challenges: Time within Curriculum
- Opportunities: Strong partnerships, engaged families, committed teachers, Project Based Learning; peer teaching
Wellness Committee

- Josh Patterson, Principal
- Carolina Cabe, Physical Education
- Sheila Braziel, School Nurse
- Jennifer Lawter, Food Service Manager
- Colette Stewart, Chartwell’s Registered Dietitian
- Heather Kanipe, Media Specialist and Parent
- Catherine Wise, 2nd Grade Teacher
- Emily Eckroth, 3rd Grade Teacher
- Susan Scott, Parent
- Angela Snyder, Parent
- Sharyn Pittman, Healthy Eating Decisions Program
- Rebecca Parrish, Partners for Active Living
Alliance Goals

- Collaboration between nutrition services staff members and teachers
- Programs for staff members on physical activity/fitness
- All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards
- Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.
Accomplishments

- International Walk to School Day
- South Carolina Walk to School Day
- CATCH curriculum
- Parent Survey
- JAM Participation
- Subway Fit for Life Challenge
- Jump Rope for Heart
- Morning Workouts
Accomplishments

- Boosterthon
- PE Club Fitness Ambassadors
- Healthy Eating Decisions
- NutriSlice Nutrition through Chartwells
- GO PE Club Night at PTA
Post Pilot

- Awarded Bronze Recognition from the Alliance for a Healthier Generation
- Continued partnerships and programs
- Increase Parent Participation
- More Emphasis on GO Snacking
- Teacher Modeling GO Foods and Fitness
- Improve Staff Fitness Opportunities
Lone Oak Elementary

School Theme: Roaring with Success and Pride!

The mission of Lone Oak Elementary is to provide competent teachers, a varied curriculum of experiences that will stimulate individual growth, current technology and resources, outstanding facilities, a safe, positive and innovative learning environment, and equal opportunities for all students to grow and learn so that each child will develop and progress to the best of his or her ability.
Lone Oak Elementary

- Spartanburg County District Six
- Suburban school, K-5th grade
- 367 Students; 55 Staff
- Nominator: Kari Walker, Physical Education and Cheryl Neff, School Nurse
- Principal: Keith Burton
- Superintendent: Dr. Darryl Owings
Lone Oak Elementary

- 2013 Poverty Index: 96.77
- Challenges: Connectivity to sites for physical activity and healthy eating; cultural barriers
- Opportunities: School as community center, strong partnerships, engaged families
Wellness Committee

- Keith Burton - Principal
- Kari Walker - PE Teacher
- Cheryl Neff RN, School nurse, Chair
- Bridget Lazurick - Cafeteria Manager
- Bonnie Hyatt - Director of afterschool
- Judy Edwards RN, Director of Health Services
- Darlene Matthews - Grandparent
- James Stone - Parent
- Sharyn Pittman, Healthy Eating Decisions Program
- Rebecca Parrish, Partners for Active Living
Alliance Goals

- Availability of before- and after-school physical activity opportunities
- Promote healthy food and beverage choices using Smarter Lunchroom techniques
- Stress management programs for staff
- Annual continuing education and training requirements for school nutrition services staff
Alliance Goals

- Farm to School activities
- Programs for staff members on physical activity/fitness
- Modeling healthy eating and physical activity behaviors
- Health education for staff members
Accomplishments

- Indoor Walking Track
- International Walk to School Day
  - Golden Shoe Winner
- CATCH curriculum
- Created Wellness Program for Staff
- Developed Walking Club and exercise program for staff/community on Tuesdays and Thursdays after school after surveying staff in what their interests were
Accomplishments

- Biggest Loser contest for Staff
- Wellness Wednesday Education for staff
- Brain Breaks exercise daily in the mornings
- Inventive Food names for fruit/vegetables
- Taste testing of Soups served at annual Health Fair
- Salad Bar for staff
- Marked outdoor trail with permanent signs for 100 mile club
- Water bottles with students names on them for Field Day
Post Pilot

- Awarded Bronze Recognition from the Alliance for a Healthier Generation!
- Continued partnerships and programs
- Continue exercise programs for staff/community
- Classes for parents/staff on healthy cooking
- Continue Wellness Wednesday Education for Staff
- Catch to be integrated into Summer School program and continued in classrooms next year
- Grocery Tours for staff/community
The mission of Jesse Boyd Elementary is to educate young people to become lifelong learners and productive community members through a challenging and supportive environment which promotes academic excellence, confidence and creativity.
Jesse Boyd Elementary

- Spartanburg County District Seven
- Suburban school, K-5th grade
- 440 Students; 65 Staff
- Nominator: Kevin Brabham, Physical Education
- Principal: Meredith Rose
- Superintendent: Dr. Russell Booker
Jesse Boyd Elementary

- 2013 Poverty Index: 57.37
- Challenges: Increase healthy lunch choices, increase MVPA, increase opportunities for activities
- Opportunities: Strong partnerships, engaged families, playground open to community
Wellness Committee

- Meredith Rose, Principal
- Kevin Brabham, Physical Education
- Dustin Kite, Physical Education
- Felicia Hunt, School Nurse
- Joyce Goode, Food Service Manager
- Ken Higgins, Chartwells
- Sharyn Pittman, PTSO/Healthy Eating Decisions Program
- Rebecca Parrish, SIC Chair
- One teacher per grade level
Alliance Goals

- Promote healthy food and beverage choices using Smarter Lunchroom techniques
- Annual continuing education and training requirements for school nutrition services staff
- Collaboration between nutrition services staff members and teachers
- Preparedness for food emergencies
- Implement a referral system
Alliance Goals

- Consulting school health physician
- Programs for staff members on healthy eating/weight management
- Health education for staff members
- Family and community access to school facilities
- Sequential health education curriculum consistent with standards

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Accomplishments

- International Walk & SC to School Day
- Bike to School Day
- Launch of Walking and Wheeling Wednesdays/Walking School Bus
- CATCH curriculum
- SRTS Gold Partner
- BOKS Activation Grant
- Junior League of Spartanburg Grant
- NASP, The First Tee, and SPARK

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Post Pilot

- Awarded Bronze Recognition from the Alliance for a Healthier Generation
- Continued partnerships and programs
- Continue to provide opportunities for students to be active
- Expand walking before lunch program
- Fully implement CATCH
- Continue Intramural and Fit Kids programs
- Hub City Color Run
Questions?
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